

EVADE AREA 4

MONDAY								7.15pm Kickboxing Ladies Only Int/Adv
TUESDAY						5.00pm Freestyle Cadets Masters	6.00pm Kickboxing Adults Intermediate	
WEDNESDAY							6.00pm Kickboxing Ladies Only All	7.15pm Kickboxing Ladies Only Int/Adv
THURSDAY						5.00pm Freestyle Cadets Masters		7.30pm Kickboxing Adults Intermediate
FRIDAY								
SATURDAY		10.00am Kickboxing Adults All	11.00am Kickboxing Pad Work Adults					
SUNDAY								

Evade Martial Arts – “The North’s leading school for Martial Arts and Fitness training”
www.evademartialarts.co.uk / info@evademartialarts.co.uk – 01457 833987