

# EVADE AREA 3

<b>MONDAY</b>						5.00pm Little Ninjas Level 2		7.15pm Kickboxing Adults Beginners
<b>TUESDAY</b>							6.00pm Kickboxing Adults Beginners	
<b>WEDNESDAY</b>						5.00pm Little Ninjas Level 2	6.00pm Boxing Adults Int/Adv	7.15pm Boxing Adults Beginners
<b>THURSDAY</b>							6.00pm Kickboxing Adults Beginners	
<b>FRIDAY</b>								
<b>SATURDAY</b>								
<b>SUNDAY</b>		10.00am Kickboxing Ladies Only All			1.00pm Kickboxing Adults Beginners			

Evade Martial Arts – “The North’s leading school for Martial Arts and Fitness training”  
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