

EVADE AREA 2

MONDAY							6.00pm MMA Adults Int/Adv	
TUESDAY		12.00pm Kickboxing Adults All			4.00pm Little Ninjas Level 1	5.00pm Little Ninjas Level 2	6.00pm MMA Adults Int/Adv	7.15pm Kickboxing Adults Advanced
WEDNESDAY						5.00pm MMA Cadet Fundamentals	6.00pm MMA Adults Int/Adv	7.15pm BJJ - Gi Adults Int/Adv
THURSDAY		12.00pm Kickboxing Adults All			4.00pm Little Ninjas Level 1	5.00pm Little Ninjas Level 2	6.00pm MMA Adults Fundamentals	
FRIDAY								
SATURDAY		10.00am Freestyle Cadets BBM						
SUNDAY			11.00am Freestyle Cadets Basic	12.00pm Freestyle Cadets BBM/Mast				

Evade Martial Arts – “The North’s leading school for Martial Arts and Fitness training”
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