

EVADE AREA 2

MONDAY						5.00pm BJJ – No Gi Teen Int/Adv	6.00pm MMA Adults Int/Adv	
TUESDAY		12.00pm Kickboxing Adults All			4.00pm Little Ninjas Level 1	5.00pm Little Ninjas Level 2	6.00pm MMA Adults Int/Adv	
WEDNESDAY					4.00pm Little Ninjas Level 2		6.00pm Boxing Adults Int/Adv	7.15pm Boxing Adults Beginners
THURSDAY		12.00pm Kickboxing Adults All			4.00pm Little Ninjas Level 1	5.00pm Little Ninjas Level 2		
FRIDAY								
SATURDAY		10.00am Freestyle Cadets BBM			1.15pm Little Ninjas Level 1			
SUNDAY			11.00am Freestyle Cadets Basic	12.00pm Freestyle Cadets BBM/Mast				

Evade Martial Arts – “The North’s leading school for Martial Arts and Fitness training”
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